

A serene landscape photograph featuring a calm body of water in the foreground, reflecting the surrounding environment. The background is filled with a dense forest of tall, dark evergreen trees, partially obscured by a thick layer of mist or fog that hangs over the scene. The overall atmosphere is quiet and ethereal, with soft, diffused light.

Most people have
no idea how good
their body is
designed to feel.

Roomers Spa, a place to relax and rejuvenate, with hamam, steam bath, jacuzzi and sauna. A true hideaway with very special spa treatments, thanks to an outstanding Spa team and our exclusive partners Dr. Barbara Sturm and the natural cosmetics brand UND GRETEL from Berlin. Find out more and treat yourself and your beloved ones, whether you are a hotel guest or day spa visitor.

BODY

Aroma Oil Massages

Wellness full body massage

50 MIN / 110 EUR
80 MIN / 165 EUR
120 MIN / 215 EUR

Individual full body massage to improve blood circulation and relax the muscles. In this massage every touch is tailored to your needs.

Deep Tissue

50 MIN / 110 EUR
80 MIN / 165 EUR

Classic deep tissue massages to loosen muscles and release tension.

Back massage

25 MIN / 65 EUR

Head, neck and face massage

50 MIN / 110 EUR

Special Body Massages

Sport massage

50 MIN / 110 EUR

This massage releases tension. A classic massage is enhanced by elements to promote regeneration and blood flow.

Lomi Lomi

80 MIN / 165 EUR

Warm Lomi Lomi oil is used for this Hawaiian full body massage. It is a deeply relaxing massage which also stimulates the blood flow. The entire body is massaged with long, powerful strokes using the hands, elbows and lower arms.

Hot-Stone

75 MIN / 155 EUR

Warm basalt stones are moved gently over your body to vitalise you. The warm stones in contact with your energy centres give strength and deep relaxation.

Foot massage

50 MIN / 110 EUR

A foot massage treatment is beneficial for the entire body. In Chinese medicine, it has been known for thousands of years that our feet are connected to the rest of the body in terms of health. This treatment stimulates blood circulation and the metabolism.

GOOD TO KNOW

Our massage oils as well as our packs and scrubs are sourced from a small natural cosmetics manufactory in Bavaria. All products of Beatrix Strobel Cosmetics are free from parabens, nano or plastic particles and are produced CO₂ neutrally.





DR. BARBARA
STURM

The Düsseldorf native, Dr. Barbara Sturm is one of the most successful derma care physicians worldwide. Her success comes from her treatment methods and the own-body remedies. Dr. Sturm's expertise in numerous aesthetic but non-operative treatments has made her to become the leading expert and to create a skin care line called the Molecular Cosmetics. The extract from the purslane plant is unique in the cosmetic field: The enzyme telomerase, known as the fountain-of-youth enzyme, is activated in the cells by the plant substance and thus contributes to the fact that key cells increase their viability. This, combined with other highly innovative natural and research ingredients, make Dr. Barbara Sturm's skin care products internationally unique.

DR. BARBARA STURM

Signature Sturmglow

60 MIN / 225 EUR

"The Signature #SturmGlow Facial was created around my skincare philosophy to deliver hydration, boost skin barrier function, soothe signs of irritation and improve the overall skin health and skin matrix. The facial incorporates techniques created in my German clinic for cleansing, exfoliating, extractions, and an anti-aging lymphatic massage." – DR. BARBARA STURM

The Signature #SturmGlow Facial combines thorough cleansing, exfoliation and extractions to leave the skin super clean and refreshed. It also includes Dr. Sturm's Signature Anti-Aging Massage; a unique combination of massage techniques which help increase blood and oxygen flow and tone and define the facial muscles for an instant, youthful-looking complexion.

The Science

Long and short-chain Hyaluronic Acid molecules in the HYALURONIC AMPOULE are infused into the skin and provide intensive hydration at both upper and deeper skin layers. The FACE CREAM RICH boosts moisture and antioxidants help restore and soothe the skin. Special massage techniques boost circulation, enhancing the production of collagen for effective skin repair.

The Results

This facial targets key areas of concern to instantly smooth fine lines, reduce puffiness, lift and define the cheekbones and jawline and give skin a youthful glow.

Instant Glow Facial

45 MIN / 150 EUR

"This is an express version of our Signature Sturm Glow Facial - it incorporates techniques created in our German clinic for cleansing, exfoliating and potent hydration, with cutting-edge molecular efficacy." – DR. BARBARA STURM

This revitalizing facial will cleanse, nourish and awaken the skin, and help restore the complexion's natural glow. Light-reflecting pigments in GLOW DROPS leave the skin with a visible, youthful radiance and even out the appearance of any irregularities on the complexion.

The Science

Purslane provides rejuvenating, anti-oxidative and nutritive properties, Polygonum Bistorta Root Extract optimizes skin tone and the texture of the skin's surface, while Wild Rose Extract refines the pores.

The Results

The treatment nourishes the skin, and helps to restore a natural and healthy-looking glow.

Super Anti-Aging Facial

75 MIN / 300 EUR

"By combining the effects of my anti-oxidant infused, peptide rich SUPER ANTI-AGING SERUM with an exclusively designed re-sculpting and anti-gravity massage, this cosmetic treatment reaches deeper layers of the skin, reducing the appearance of fine lines and resulting in more youthful-looking skin." – DR. BARBARA STURM

The Super Anti-Aging Facial replenishes moisture reservoirs resulting in a smoother and more youthful complexion, while promoting the skin's natural barrier function and reducing the appearance of fine lines and wrinkles.

The Science

Long and short-chain Hyaluronic Acid molecules are combined with strong antioxidants and ingredients which help to repair damaged skin and support regeneration.

The Results

This facial visibly lifts the skin around the jaw and neck while reducing fine lines and reviving stressed skin.

Brightening Facial

60 MIN / 225 EUR

"This non-aggressive treatment is designed to brighten your skin, combat lackluster and uneven complexions, and provide a cocktail of nurturing and nutritive ingredients." – DR. BARBARA STURM

The Brightening Facial decreases the appearance of hyperpigmentation and gently brightens the skin using natural brightening ingredients while combatting the oxidative stresses that cause premature aging and dark spots. Shimmer particles included in the BRIGHTENING SERUM, BRIGHTENING FACE CREAM and BRIGHTENING FACE LOTION, boost skin tone and leave skin looking luminous while hydrating ingredients also provide essential moisture and rejuvenating anti-aging powers.

The Science

Cress Sprouts Extract helps to visibly and instantly brighten the appearance of the skin and diminish the appearance of dark and yellowish spots. Ginseng Extract supports the skin's own protection against free radicals and environmental stress and Hyaluronic Acid provides instant hydration.

The Results

Your skin is left smoother, brighter and more vibrant-looking.

Clarifying Facial

60 MIN / 225 EUR

"In response to years of my patients' questions regarding skin prone to blemishes and breakouts, I formulated the Clarifying Facial. This treatment has it all; complexion-erfecting ingredients, necessary hydration, skin barrier function protection, and anti-aging compounds that fundamentally improve the appearance of the skin matrix." – DR. BARBARA STURM

Dr. Sturm's Clarifying Facial was formulated for blemish-prone skin. It directly improves the skin's barrier and helps to restore its natural balance. The active ingredient complex reduces discomfort and alleviates skin sensitivity and irritation for an instant calming effect, while addressing the signs of aging by reducing the appearance of fine lines and wrinkles.

The Science

Zinc removes excess sebum and counteracts the formation of impurities whilst Albatrellus Ovinus Extract reduces redness, resulting in a more even skin tone.

The Results

Irritation and redness is reduced to leave the skin looking fresh, calm and clear. Skin also looks smoother, hydrated and healthier-looking.

Men's Facial

60 MIN / 225 EUR

"A man's skin is dermatologically different from a woman's. The anti-aging Men's Facial revitalizes men's skin while taking into account those differences. The treatment will exfoliate, calm and nourish the complexion, while refining pores and providing essential hydration." – DR. BARBARA STURM

Customized to the specific needs and challenges of men's skin, this treatment cleanses, tones, soothes and comforts irritated skin, especially after shaving. The Men's Facial removes rough or dry skin and improves skin barrier function, while also fighting the signs of aging, under eye discoloration and puffiness.

The Science

Long and short-chain Hyaluronic Acid molecules are combined with strong antioxidant ingredients that nourish damaged skin and support skin barrier function.

The Results

The skin emerges deeply cleansed, softer and brighter. It restores and calms the complexion to leave the skin looking revitalized and visibly reduces the appearance of deeper facial lines and wrinkles to which men are more prone.







**UND
GRETEL**

BERLIN

Two experts. One guideline. UND GRETEL.

Make-up, free of synthetics with natural ingredients at the highest level of perfection in application, effectiveness, and durability: this is the spirit Christina Roth and Stephanie Dettmann followed when they founded their Berlin label for professional and long-lasting organic cosmetics. On the high-quality and elegantly designed items of UND GRETEL, their focus on sustainability and natural ingredients is displayed and not their outdated image of compromise. The founders, who deliberately limit their product ranges, describe them as the “little black one” in the wardrobe: essential. After all, that’s what matters with the right product.

FACE & EYES

Make-up

**Day make-up
by UND GRETEL**
45 MIN / 55 EUR

**Evening make-up
by UND GRETEL**
60 MIN / 80 EUR

Depilation

Upper lip depilation
15 MIN / 15 EUR

Eyebrow and Eyelash

Eyebrow tinting
20 MIN / 20 EUR

Eyelash tinting
20 MIN / 20 EUR

**Eyebrow and eyelash
tinting, eyebrow correction**
30 MIN / 45 EUR

HANDS & FEET

Manicures

Manicure without varnish
50 MIN / 60 EUR

Manicure with varnish
60 MIN / 75 EUR

Shellac manicure
60 MIN / 85 EUR

Varnish only
20 MIN / 20 EUR

Shellac only
30 MIN / 35 EUR

Pedicures

Pedicure without varnish
50 MIN / 60 EUR

Pedicure with varnish
60 MIN / 75 EUR





Live well,
indulge yourself
and enjoy
every moment.



SPA & HOTEL PACKAGE

Indulge yourself

For the stressed out, lovers, or stressed-out lovers.
For a girls' weekend or mother-daughter team.

for 2 persons

- 1 night in a double room or suite
- Roomers breakfast for 2
- Welcome drinks
- Spa access and 100 EUR Spa Credit*
- Late check out until 3PM

FROM 393 EUR IN A DOUBLE ROOM

* Credit can only be redeemed throughout the stay and cannot be redeemed in cash. Any remaining credit will not be refunded.

Valid for arrivals on Sunday until Thursday, excluding bank holidays.

GIFT CARD

Book a package now for your next stay or
make a present of a spa gift card.

Reservation

+49 7221 90193 444

res@roomers-badenbaden.com

FAVORITES

Roomers Signature

100 MIN / 245 EUR

- Welcome: chocolate variation and glass of champagne
- Full body peeling
- Cream pack
- Full body massage
- Sushi variation

Black Forest Signature

100 MIN / 195 EUR

- Spruce needle full body peeling
- Spruce needle full body pack
- Full body massage
- Black Forest ice tea

Personal Trainer

60 MIN / 90 EUR

Our gym is fitted with cardio and strength equipment from Artis® by TECHNOGYM®. Our sport experts will create an individual programme suited to your needs.

- Running
- Body and strength training
- Weight loss
- Back training
- Medical training
- Cardio training, boxing training
- Health oriented training

Body Scrubs

Orange, sea salt

25 MIN / 45 EUR

Spruce needle, sea salt

25 MIN / 45 EUR

Packs

Aloe vera lemon cream

25 MIN / 45 EUR

Spruce needle cream

25 MIN / 45 EUR

SPA ETIQUETTE

For a harmonious environment and a smooth entry to the spa world. From the right dresscode to prior reservations. A few tips from Roomers Spa.

Dresscode

We supply you with a bathing robe, towel, and slippers on loan. You will need sneakers and sportswear if you wish to use our fitness facilities.

As a courtesy to our other guests, we ask you to wear a swimming costume when using the Infinity Pool. The saunas, however, are textile free zones. For hygienic reasons you will need a bath towel to lie or stand on in the saunas.

While having a massage or cosmetic and body treatments, your body will be covered and only that area left exposed that is receiving therapy. We will provide you with disposable panties.

Healthiness and wellbeing

Your health matters to us. Please inform the therapist treating you about any medical conditions you may have.

Please make sure to drink enough and not to take an indigestive meal right before having a sauna or a treatment. A soothing shower prior to your visit to the pool / sauna / treatment eases the entry to your spa experience.

Environmental respect

A respectful attitude towards the environment is an integral part of any spa visit. Please do not use more towels than you need during your stay. Electronic devices, particularly mobile phones, are not permitted.

Food and drinks

Our Rooftop Bar provides you with a small choice of food and drinks.

Children

The entrance to our spa is possible for children from 14 years on accompanied by an adult. There is no age limit for the pool on the 5th floor. There is a parental duty to supervise their children.

Reservations

Please book prior to your arrival if you require an appointment at a particular time. We will of course also try to arrange appointments at short notice.

Punctuality

Unfortunately, it is not possible to extend treatment appointments beyond the times agreed upon. If you arrive late at an appointment, treatment time will be correspondingly shorter. Concessions or discounts are not applied.

Cancellations

If you should not be able to keep your appointment, please be aware that we have a 24 hour cancellation policy as a consideration to our other guests.

Full service fee will be charged if cancellation is made less than 24 hours prior to the appointment. Thank you for understanding.

Valuables

We recommend you to lock your valuables in the safe in your hotel room. We cannot accept liability for any valuables lost. For our Day Spa guests, lockers are available in the dressing room.

Special requirements

Our Spa team will be glad to help you plan your own personal spa experience. If you have any wishes or suggestions, please approach the therapist who is treating you, i.e. about the pressure of a massage, the light, music, temperature regulation, etc.



Contact +49 7221 90193 730

spa@roomers-badenbaden.com

Hours

open daily

Spa reception

10 AM – 7 PM

Treatments

10 AM – 7 PM

Sauna & Gym

6.30 AM – 1 AM

All prices in EUR, per person, if not stated differently, and including VAT. Subject to alterations.

SEE YOU SOON

Day Spa

ONE DAY / 60 EUR

Only bookable in conjunction with a treatment from Friday to Sunday as well as on bank holidays.

- including bathing robe, slippers and towels
- tea, water and fruits
- free wi-fi
- changing cubicles and locker

Midweek Wellness

Our Midweek Treatments can be booked every day except weekends and public holidays.

Wellness day

50 MIN / 175 EUR

- use of the wellness area for one day
- including 50 min orange whole body peeling and back massage
- a small variation of sushi at the Rooftop Bar
- a glass of crémant

Feel your body

50 MIN / 135 EUR

- use of the wellness area for one day
- orange whole body peeling
- aloe vera lemon cream wrap
- Caesar Salad at the Rooftop Bar
- non-alcoholic cocktail

Back and face massage

45 MIN / 75 EUR

After work

FROM 4 PM TO 1 AM / 95 EUR

- use of the wellness area
- including 50 min head, back and face massage

Spa Memberships

GOLD: 1550 EUR / 1 YEAR

SILVER: 850 EUR / 6 MONTHS

- year-round use of Infinity Pool, gym and spa
- familiarisation with the TECHNOGYM® equipment
- including bathing robe, slippers and towels
- tea, water and fruits
- free wi-fi
- changing cubicles and locker

